

About us



In November 2013, our School opened its doors in Amsterdam's Jordaan district. We have revived this characteristic building as a School, returning to its original purpose. It brings us deep fulfillment to see up close what yoga and meditation can do for our students.

Our mission

De Nieuwe Yogaschool in Amsterdam is more than just a building; it is a community. Whether you are physically present in our school or participating from the comfort of your own home, we provide a space to connect with yourself and others. We strive to inspire and encourage you through our live and online yoga classes, courses and trainings. Our intention is to help you move your head towards your heart, find your strength and let your own light shine.

Our offerings

At De Nieuwe Yogaschool, we offer various options for yoga, breathwork and personal development. Our studio classes and livestream sessions offer flexibility for any yoga practitioner, while our trainings and courses (both in-person and online) offer depth. As an accredited training institute, we help aspiring teachers share their passion for yoga, breathwork, coaching and (spiritual) consciousness. We also organise regular workshops and events in collaboration with our partners, so there is always something new to discover at De Nieuwe Yogaschool.

denieuweyogaschool.nl









Impression treatment space



At De Nieuwe Yogaschool, you will find a beautiful treatment space for your practice. Located next to an acupuncturist's treatment room, the practice space is suitable for a variety of treatments and sessions, including massages, breathwork, coaching, physiotherapy and more. The space has a warm, secure energy with plenty of privacy and a large window overlooking the serene courtyard garden.











About the treatment space



Facilities

	Host to welcome your clients, with reception area downstairs in the living room
\Diamond	Chairs and coffee table, massage/treatment table
49	Water and tea
	Use of kitchenette, including washing machine and dryer
\bigoplus	Wifi
D	Music system
	Towels are provided on request

Good to know

- The treatment room is on the first floor, there is no lift in the building
- De Nieuwe Yogaschool is easy to reach...
 - By public transport, several trams stop at Rozengracht/Marnixstraat among other places and from there it's just a few minutes' walk
- By car, there is a car park on Marnixstraat an 8-minute walk away
- From 6 months' rent (at least two day parts), you...
 - Get your own page on denieuweyogaschool.nl under treatments
 - Receive support for your promotion for your practice/page (terms to be discussed) through our social media and marketing channels







You can rent the treatment space by the day or for a longer period of time. Are you curious about the space and the possibilities? Then contact us at <u>administratie@denieuweyogaschool.nl</u> for more information or a no-obligation appointment to discuss the options.

Hourly rates overview

- Rent one hour = €25
- Rent for one half day 3 hours = €60
- Rent for one half day 4.5 hours = €75

Overview rates per day(section)

• 4 x one half-day session (4.5 hours) = €225
Four consecutive weeks for a fixed day in the week.

• 5 x one half-day session (4.5 hours) = €275.

Five consecutive weeks for a fixed day in the week.

• 6 x one half-day session (4.5 hours) = €325.

Six consecutive weeks for a fixed day in the week.

• Discounted rate 6 months fixed one half-day (4.5 hours) = €200,- p.m.

A six-month contract for a fixed day in the week.

• Discounted rate 6 months fixed four half-day sessions (4.5 hours) = €700,- p.m.

A six-month contract for four fixed days a week.

