

FAQ: How to attend an online yoga class

Do you live far away? Do you want to cultivate your home practice? Or does a practice from home just suit your schedule from time to time? We've got you covered. All of our classes are live streamed from our shala to your living room. If the time of the class of your choosing doesn't fit your schedule, you can just watch the replay for up to 48 hours after the live class! That way, you can practice with us anywhere, anytime.

1) What are livestream classes?

You can attend our yoga classes live online on your computer, phone or tablet. We call these online yoga classes 'livestream yogalessen', which means 'livestream yoga classes'.

2) Can I watch the yoga class on replay?

Yes, you can! All of our livestream classes are available for replay for 48 hours. Go to schedule and click the tab [> ONLINE LESSEN](#). Here, the classes you booked are available for another 48 hours. That way, you can practice whenever suits you best. Note that, in order to gain access to the replay, you have to book the class before it starts.

Single classes and memberships to attend online yoga classes

Do you want to take an online class with us? Amazing! Choose a membership that suits your needs or purchase a single livestream class. Do you already have a (year/month) membership with us? Then our livestream classes are already included in your membership as a thank you for your support. Book a class the way you're used to in the schedule.

3) Can I buy a single class?

You sure can! If you don't have a membership with us, you can buy a single online yoga class. From our [schedule](#), add a class to your shopping cart by clicking the button > ONLINE: KOSTEN €9,00. Fill out your details and pay for the class. Here, [you can read more about purchasing a single online class >](#)

4) Is there a membership for online yoga classes (livestream yoga classes)?

Yes, there is! We have two special memberships, just for livestream classes:

- 1). [Unlimited livestream membership](#) (no minimum duration and can be terminated monthly)
- 2). [Livestream membership 1 month](#) (ends automatically after one month)

These memberships allow you to take unlimited yoga classes.

5). How do I book an online yoga class?

Go to the [schedule](#) and find the class you wish to take.

* In case you have a membership: log in and book the class

* In case you don't have a membership: click > **ONLINE: KOSTEN €9,00** below the class to purchase the single class in your shopping cart in the top right corner. Now, all you have to do is fill out your details and pay for the class and you're good to go!

6). I've booked an online yoga class, what happens next?

Awesome, you booked an online yoga class! When logged in, find and click the tab [ONLINE LESSEN](#). Here, you can find an overview of the class(es) you booked. 15 minutes before the start of the class you'll find the button > **online meeting starten** here, to start your livestream class. Roll out your yoga mat and bring a blanket and (meditation) cushion if you like. Wait until the class starts and enjoy your practice!

7). Where can I find the schedule for online yoga classes?

You can find our complete schedule with livestream and studio classes [here](#) (all of our classes are live streamed).

8). How can I cancel my online membership?

You can cancel your online/livestream membership whenever you want. De cancellation period is one whole calendar month, to be cancelled before the 1st of that month. If you wish to cancel your membership, send an email to: info@denieuweyogaschool.nl

9). What is the difference between De Nieuwe Yogaschool and De Nieuwe Yogaschool Online?

The regular website of *De Nieuwe Yogaschool* (denieuweyogaschool.nl) and the online platform *De Nieuwe Yogaschool Online* (denieuweyogaschoolonline.nl) are separate websites. That is why you need a **unique** account for each website. That means your login details for our regular website will be different then your login details for De Nieuwe Yogaschool Online.

De Nieuwe Yogaschool:

On the regular website of denieuweyogaschool.nl you can book studio and livestream classes as well as live workshops and (teacher) trainings (on location). You can also purchase memberships, single classes.

De Nieuwe Yogaschool Online:

De Nieuwe Yogaschool Online is our educational platform with online courses. Here, you can register for online courses and trainings, free videos and more.